

Birthday Parties

Our parties are full service! Take a break and let us do all the work. All you have to bring is the cake, candles, goodie bags and kids. Parties offered on Saturdays and Sundays.

Two Hour Party

\$155 for 10 children and 2 hours ***

Includes:

- 1 hour in the gym
- 1 hour in the party room
- A party staff to help out the **entire** time
- Food package for participating children
 - 1 slice of pizza or 1 hot dog per child
 - Juice or pop

\$12 per extra child

\$15 per extra pizza or \$1.50 per extra hot dog

Feel free to bring extra food from home for the children or parents provided it is **not** pizza or hot dogs

One Hour Party

\$85 for 10 children and 1 hour***

Includes:

- 1 hour in the gym
- A party staff to help out the **entire** time

\$6 per extra child

Sleepover Party

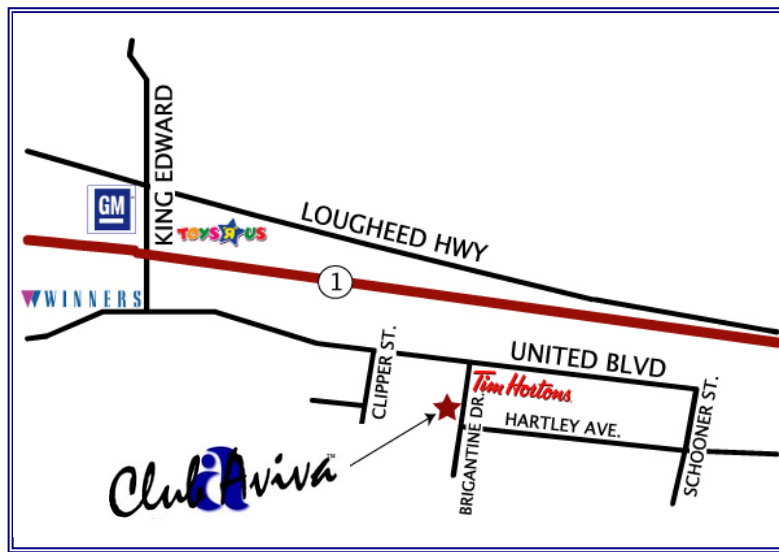
\$35/person with a minimum of 15 children***

More information is available online
Phone us to book a party or check availability

*** Not including taxes

Birthday parties for Club Aviva members are eligible for a 5% discount!

How to Find Us



Club Aviva offers services, programs, and physical education opportunities, which nurture self-development, and build self-esteem and confidence. We ensure that children have fun, while increasing participation and the desire for health and fitness.

98 Brigantine Drive
Coquitlam, BC V3K 6Z6
Phone: 604.526.4464
Fax: 604.526.4350
info@clubaviva.ca

clubaviva.ca



Since 1986

- BC's Largest Club
- 2010 Recipient of the Ed Brougham Award
- 2008 NOW Readers Choice Award – Best Gymnastics Club
- 2007 City of Coquitlam Accessibility Award

clubaviva.ca

604.526.4464
98 Brigantine Drive, Coquitlam, BC

Club Aviva...

... stands for the empowerment of individuals, families and children through activities that promote physical, spiritual and emotional well being

Recreational Gymnastics

Our programs develop the foundational aspects of gross motor development. We teach a continuum of learning as each level of our program builds upon the foundation of the previous one. This forms a chain of events in muscles, connective tissues, balance, flexibility and strength which adds to the potential for someone being able to do a desired physical activity. Consistency in participation is crucial to maximize your physical attributes. Our programs help children excel in a variety of other physical activities such as riding bikes, skiing, skating, and diving and also how to land safely to prevent injuries. Our programs form the foundation upon which all physical activities are built.

Fees

Hours/Week

Session Cost*

Prices do not include taxes

45 minutes	\$200
1 hour	\$250
90 minutes	\$350
2 hours	\$450

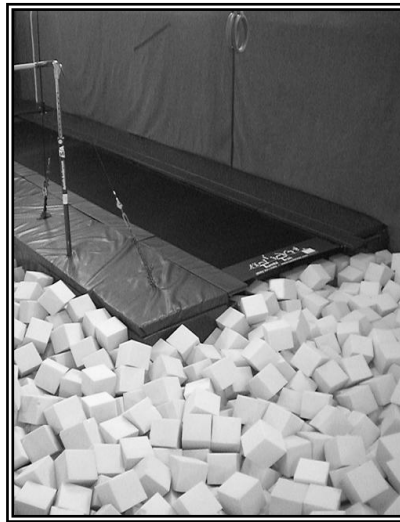
For rates of over 2 hours per week please contact the office

Our sessions run September to January, February to June (18 classes per session), and July and August (8 classes per session). There will be breaks for holidays during this time. **Memberships are mandatory.**

*Monthly payment plans are available for session costs

The Facility

- 14,000 square feet of gym space
- In ground TumbleTrak™
- In ground trampoline
- 3 full-size competitive trampolines
- Brand new foam filled pit
- Rope swings
- Brand new full-size spring floor



In ground TumbleTrak™ into the foam pit

Field Trips

Club Aviva has been working with School District 43 for several years designing a gymnastics curriculum for all students. Field trips start with a warm-up and stretch followed by an instructional gymnastics lesson using our gymnastics curriculum.

For pricing information check our website or contact office.

Drop In Programs

Drop by for fun time in our large gym!

Preschool – Ages 1½ to 5

(September – June)

Thursday 12:00pm – 1:00pm

Parents' Night Out

Friday – Ages 9-15 8:00pm – 10:00pm

Saturday – Ages 3-12 6:30pm – 9:30pm

Adult/Teen – Ages 15+

Tuesday/Thursday 8:30pm – 10:30pm

Special Education – All Ages

(September – June)

Monday/Wednesday/Friday 11:00am – 12:00pm

Prices

Member Price

\$6 for one hour

\$10 for two hours

\$15 for three hours

Non Member Price

\$10 for one hour

\$16 for two hours

\$24 for three hours

Memberships

Memberships are annual and expire August 31st

Memberships are \$45 and provide the member with Gymnastics BC insurance, special rates at drop in, 10% off Club Aviva T-shirts, and 5% off birthday parties for children who are members.